

Skin & Beauty

Treatments



MAYRLIFE



Beauty as
a mirror
of health

Skin & Beauty

Your journey to long-term health begins at MAYRLIFE.

Only at MAYRLIFE will you receive medical treatment that is fully tailored to your individual needs. As a result, we enable you to have a healthier, longer and more fulfilled life. The process of cleansing and renewal that becomes a unique and deeply moving experience of health and well-being starts at MAYRLIFE.

Beauty and health are closely connected to one another. The facial and body treatments in our MAYRLIFE Skin & Beauty range are the perfect complement to your medical therapy program. Get a healthy glow that shines from the inside out, and look forward to a fresh, radiant, and youthful appearance.

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Esthetics & medical cosmetics

LIFTING EFFECT

FACIAL CURE

In this medical application, bipolar radio frequencies stimulate the production of collagen and elastin in the upper layers of the skin. This immediately creates a younger complexion and over the next 30 days, your skin gets firmer from day to day.

face	60 min
face, neck & cleavage	70 min

VITALASER

VITALASER TREATMENT FACE/NECK

The application of the cold laser activates the cells' metabolism, strengthens the body's defense system, and supports the skin's ability to heal itself. The use of two laser frequencies makes it possible to successfully treat the skin not just on the surface, but also in the deeper layers. High-quality hyaluronic acid is channelled into the deeper layers of the skin. This is totally painless and free from side effects. The formation of collagen and elastin makes the skin plumper and firmer.

60 min

OXYGEN

FACIAL TREATMENT WITH PURE OXYGEN

One of our top anti-aging treatments in which the active ingredients are applied to and into the skin in an effective and lasting manner. This treatment, which has an immediate lifting effect, harnesses the effect of fruit acids and cleansing enzymes to remove the uppermost layer of the skin and enable deep cleansing. Following this, oxygen therapy is applied to channel hyaluronic acid and a blend of antioxidants into the skin, promoting cell regeneration. The subsequent activator mask with a high hyaluronic acid and marine collagen content provides moisture and leaves the skin looking smooth and plump.

70 min

**ELEGANCE
THROUGH
SCIENCE****MAYRLIFE GLOW**

In the MAYRLIFE Glow treatment, radio waves lead to the targeted activation of the collagen fibers in the subcutaneous tissue, causing it to tighten. This also triggers the stimulation of the subcutaneous tissue and the formation of collagen, with the result that wrinkles are smoothed. This process continues to develop in the weeks and months following the MAYRLIFE Glow treatment. The effect is the rejuvenation of the skin and the smoothing of wrinkles.

60 min

**SKIN-
SOOTHING****LED LIGHT THERAPY**

LED light therapy is a painless, relaxing treatment that requires no recovery time whatsoever and is suitable for all skin types. Especially recommended for skin rejuvenation, as well as for sun damage, sensitive and inflamed skin, acne and problem skin, the healing of wounds and scarring, rosacea and redness, eczema, psoriasis, and neurodermatitis.

30 min



Feel-good packages

REFRESHING FACE WELLNESS

Make the most of your time at MAYRLIFE for deep relaxation. Let yourself be pampered with a regenerative, 60-minute facial treatment followed by a head massage, and indulge in the LED light therapy too.

90 min

CLEANSING FACE AND BODY DETOX

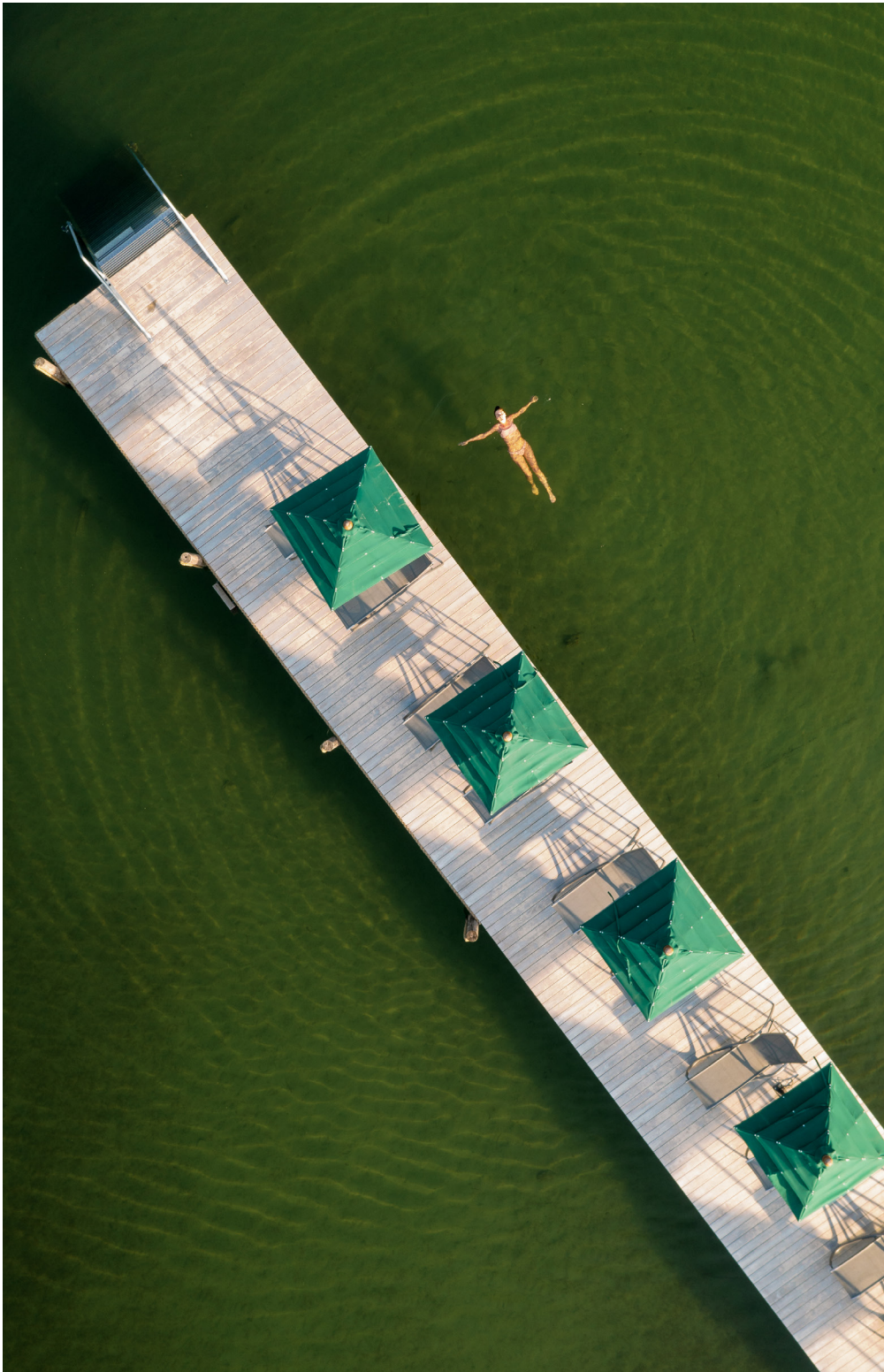
Holistic detoxification with a deep cleansing facial treatment including facial lymph drainage, LED light therapy, and manual lymph drainage of the stomach and leg area. This pleasurable application is the ideal complement to your detoxification program and helps you to eliminate residual waste products.

90 min

RENEWING FOOT WELLNESS

This deeply moving ritual comprises three focal points: To begin with, we pamper you with a warm foot bath and peeling treatment that not only removes dead particles of skin, but also stimulates circulation. Following this, you receive gentle foot strokes with a high-quality gemstone aromatic oil along the lymphatic channels, meridians, and reflex zones to promote detoxification and deep relaxation. Enjoy this little time-out!

75 min



HydraFacial™

HydraFacial™ is a non-invasive method against wrinkles, clogged and dilated pores, greasy skin, acne, and hyperpigmentation.

It helps you to achieve a clear, beautiful complexion without irritation. This treatment is wonderfully revitalizing and incredibly moisturizing for the skin.

DETOXIFYING **SIGNATURE HYDRAFACIAL**

This method combines 4 steps with special serums bursting with anti-oxidants, peptides, and hyaluronic acid for long-lasting cleansing, peeling, and moisturization of the skin.

including LED light therapy 40 min

REJUVENATING **DELUXE HYDRAFACIAL**

These invigorating treatments encompass a Signature Facial. Including the special individual boosters to remedy your specific skin problems.

including LED light therapy 60 min

RENEWING **PLATINUM HYDRAFACIAL**

The detoxification process begins with lymph drainage. This is followed by the Signature HydraFacial, including the special individual booster to remedy your specific skin problems.

including LED light therapy 70 min

Booster (included in your respective treatment)

Discover the four prize-winning beauty boosters to individually adapt your HydraFacial treatment to suit your needs. Each of these boosters has unique properties that were specially developed to meet a range of different skin needs. Our staff will be happy to advise you on what is best for your skin.

AGE REFINEMENT DERMABUILDER

The Dermabuilder is a peptide booster. With its special peptide technology, the Dermabuilder promotes the production of collagen and firms the skin. The result: A smooth, youthful appearance with improved skin elasticity. If you're looking for an anti-aging booster, the Dermabuilder is highly suitable.

RADIANCE NASSIF MD

Hydrates, repairs, protects. The Nassif booster is a product by renowned plastic surgeon Dr. Paul Nassif. The formula contains hyaluronic acid, which improves the penetration of moisture and the elasticity of your skin. If you suffer from dry skin and are seeking immediate moisturization, the Nassif booster is the ideal choice for you.

CALM CLEAR OMOROVICZA

The Omorovicza booster is a luxurious product that was developed by the Hungarian brand Omorovicza. It combines thermal water from Budapest with natural ingredients such as healing clay and sulfur. This booster is designed to detoxify the skin, decrease pores, and refine the structure of the skin. If you suffer from clogged pores or a pale complexion, the Omorovicza booster is a suitable solution.

BEAUTY BOOSTER JLO

Discover the new JLO BEAUTY® booster by HydraFacial: Inspired by Jennifer Lopez, it combines active ingredients from all over the world. With its unique formula of niacinamide, Hydra Complex, and olive leaf extract, this booster effectively reduces fine lines and wrinkles while simultaneously nourishing the skin with moisture and increasing its firmness. This booster gives your complexion an incomparable radiance with a "Botox effect".

Dr. Barbara Sturm

YOUTHFUL GLOW

INSTANT GLOW FACIAL

The Instant Glow Facial cleanses, nourishes, and revitalizes the skin and helps to restore the natural complexion. Special light-reflecting pigments in the Glow Drops bestow the skin with a fresh, youthful appearance and even out visible irregularities.

The result: The treatment nourishes the skin and gives it a natural and healthy glow.

45 min

RADIANT COMPLEXION

BRIGHTENING FACIAL

The Brightening Facial visibly refines the complexion. Pigmentation spots are reduced, the skin appears more even and has a natural glow. The treatment supports the skin's own protection against UV-related environmental damage and free radicals, thus counteracting premature aging of the skin. Shimmering particles in the brightening serum, face cream, and lotion leave skin luminous while nourishing it with intensive moisture and highly effective, rejuvenating ingredients.

The result: Your skin becomes smoother, more radiant, and more vibrant.

60 min

CLARIFYING EFFECT

CLARIFYING FACIAL

The Clarifying Facial was specifically developed for impure skin. It supports the skin's natural barrier function and helps to restore its natural balance. The combination of soothing and antioxidant ingredients nourishes and protects the skin, reduces redness, activates the skin's own antioxidant system, and protects the cell membrane against free radicals. The skin is additionally provided with moisture. Fine lines and wrinkles are smoothed out.

The result: The skin is freed from harmful bacteria, redness is reduced, and the production of sebum is regulated.

60 min

**FOUNTAIN OF
YOUTH****SUPER-ANTI-AGING FACIAL**

This Super-Anti-Aging Facial targets the deepest layers of the skin. It provides the skin with intensive moisture, gives a smooth and youthful complexion, supports the skin's natural barrier function and visibly smooths out fine lines and wrinkles.

The result: This treatment results in visible lifting of the skin of the face. What is more, fine lines are smoothed out and stressed skin is soothed and revitalized.

75 min



QMS

REVITALIZING ACTIVATOR TREATMENT

A revitalizing facial treatment with a feel-good effect. An acid peeling prepares the skin for the following algae modeling mask. After this, the moisture content is significantly increased via the application of soluble collagen. During this process, the skin is intensively hydrated and cell regeneration is promoted.

Thanks to the addition of the mask, this treatment refreshes the skin and allows the valuable ingredients to penetrate even deeper. As a result of being nourished with the active ingredients, the skin is regenerated and appears fresh, firm, and radiant. Perfect for bringing life back into tired, stressed skin.

60 min

PAMPER PROGRAM

REJUVENATING FACIAL TREATMENT WITH COLLAGEN

A modified anti-aging treatment with the unique QMS Medicosmetics Collagen System for the highest demands. An acid peeling prepares the skin for the following algae modeling mask. After this, the moisture content of the skin is significantly increased via the application of soluble collagen and a massage. During this process, the skin is intensively hydrated and cell regeneration is promoted.

Thanks to the addition of the plaster modeling mask, this treatment tightens the skin and allows the valuable ingredients to penetrate even deeper.

70 min



QMS

**FAST AND
HIGHLY
EFFECTIVE**

EXPRESS TREATMENT

Skin problems such as shiny areas of the face, a dull complexion, blackheads, and acne are reduced. The treatment has a deep cleansing effect, is anti-inflammatory, and leaves you with a clear, matt complexion.

50 min

**SUPPORTS YOUR
DETOXIFICATION**

INTENSIVE DEEP FACIAL CLEANSING

This intensive deep cleansing is the ideal complement to your MAYRLIFE detox plan. The treatment removes dead skin cells, cleanses pores, and removes skin impurities. It includes steam cleansing, peeling, deep cleansing, and a revitalizing mask. We recommend this treatment at the start of your stay to support your detoxification process.

65 min

**FOR SENSITIVE
SKIN**

BALANCING FACIAL TREATMENT

A facial treatment that is specifically adapted to the needs of sensitive skin. Eliminates impurities, soothes inflammation, and regenerates the basic functions of the skin, which are crucial for the general well-being of the complexion, which then shows lasting improvement and freedom from irritation.

50 min



Man's world

DETOX GENTLEMAN'S HOUR

Deep cleansing specifically for men's skin and its individual needs. The skin is cleansed down to the pores, the eyebrows are shaped and the skin is optimally provided with moisture via a soothing, cooling algae mask. A perfect start to detoxing.

50 min

OXYGEN BOOST DEEP BREATH

Starting off with cleansing, highly concentrated hyaluronic acid is then transported into the skin via cooling oxygen. The lymph drainage, activator mask, and LED light therapy round out the treatment.

80 min

REVITALIZE TIME-OUT

Cleansing with individual nourishment and intensive strengthening of the skin using serums; fine lines are reduced. A beneficial face and head massage completes the treatment.

85 min

RESTORE CERAMIC GLOW

The ultimate glow with intensive active ingredients massaged into the skin while warm. Cold lasers with two laser frequencies work on the surface and in deeper layers of the skin. Strengthens the defence system and supports the formation of collagen and elastin. With a "Botox effect".

60 min



Face & head

FITNESS FOR YOUR FACE

FACE MASSAGE WITH LIFTING EFFECT

Pamper your skin during your stay with regular face massages. Thanks to targeted massage techniques that penetrate deep down, the facial muscles and lymph function are activated, the metabolism is stimulated, blood flow to the cells is promoted, and the nutrient supply is improved.

25 min

DETOX

LYMPHATIC DRAINAGE

To support the detox process during your stay. To activate the lymph circulation, swelling in the area of the eyes, the entire face, and even the neck area is reduced via effective yet gentle drainage.

25 min

SOOTHING

HEAD MASSAGE

With the relaxing effect of the head massage, the circulation and lymph flow are stimulated.

20 min

PURE REFRESHMENT

EYE REVIVER

An excellent relaxing treatment for eyes that appear tired and swollen. Thanks to the intensive supply of moisture, the area around the eyes appears ideally supplied with blood, refreshed, and smooth.

as an addition to a facial treatment

15 min

as a quick one-off treatment

20 min

HYDRATING BOOST

LIP ZONE REPAIR

Ideal for treating the fine lines and wrinkles in the upper lip area. This highly effective treatment smooths and firms the upper lip area while also improving the elasticity of the skin. The overall appearance is more youthful.

as an addition to a facial treatment

15 min

as a quick one-off treatment

20 min

Body

PURIFY MACHINE LYMPHATIC DRAINAGE

The proper functioning of our lymphatic system is especially important in order for our body to drain off liquids, detoxify, regenerate tissue, and filter out toxins and foreign substances to maintain a healthy immune system. Your lymphatic system is detoxified using a pressure machine for lymph drainage.

This treatment can be combined with several other therapies. Please speak to our staff for more information.

25 min

STIMULATE MACHINE LYMPHATIC DRAINAGE & LED LIGHT THERAPY

During an LED light therapy session, your lymphatic system is detoxified using a pressure machine.

30 min



Phytomer

RELAXING **SMOOTHING BODY TREATMENT**

A relaxing, stress-relieving treatment in which dead skin cells are gently removed with a toning salt scrub. A nourishing oil eliminates toxins and supplies moisture to the skin.

35 min

ANTI-CELLULITE **CELLU ATTACK**

Reduces cellulite, has a firming effect, decreases circumference, and detoxifies. The use of 100% natural active ingredients such as algae, salt, pepper oil, and sea minerals guarantees a fantastic result. Dead skin cells are gently removed with a toning salt scrub. Your skin is left feeling supple. A cellulite massage to conclude the session provides your skin with moisture.

70 min

CLEANSING **DEEP BACK CLEANSING**

For all those suffering from clogged pores or other skin impurities on the back. A thorough peeling treatment removes dead skin cells and impurities. Blackheads are removed via deep cleansing. To finish off, a mask soothes the skin.

50 min

LIGHT LEGS **BENEFICIAL NOURISHMENT FOR THE LEGS**

A peeling treatment gently prepares the legs. Following this, the circulation is stimulated using a leg pack with cryotonic cold gel, which results in the effective reduction of swelling and decongestion of the legs. Finally, the treatment is rounded out with a gentle leg massage.

45 min

BURN FAT P5 SLIMMING PACK

Attain a new body sensation in just three steps with the P5 slimming pack. The slimming balm and lotion combat and minimize curves, while a body pack with algae jam tightens the skin. The effect of four different algae boosts the body's fat-burning process, has a draining effect, and stimulates the cells. For an even more intensive result, we will be happy to prepare your skin with a sea salt scrub.

without scrub	45 min
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with scrub	65 min
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FIRMING FIRMING BODY PACK WITH SEA SPONGE SCRUB

Harness the power of the sea. Cleansing, detoxifying and firming. Dead skin cells are gently removed with a sea sponge scrub which also stimulates the circulation. A gel pack with highly effective active ingredients such as brown and green algae is applied. For firm skin and revitalizing sagging skin.

40 min

COCON MARIN WARMING SEA MUD PACK

Whole-body algae pack in a warm cocoon with a detox effect. Dead skin cells are gently removed with a sea sponge scrub which also stimulates the circulation. Bentonite and montmorillonite clay are highly absorbent and intensify detoxification. Figure-improving, fat-splitting active substances from the sea work to detoxify, firm, and drain. A high-quality serum to top it off provides all the necessary trace elements to strengthen and remineralize the skin.

50 min





Basics

MANICURE	Manicure	45 min
	Manicure with polish	55 min
	Paraffin bath	30 min

PEDICURE	Pedicure	60 min
	Pedicure with polish	75 min
	Intensive pedicure	90 min
	Intensive pedicure with polish	110 min
	Paraffin bath	30 min

FOR RADIANT EYES	Eyelash tint	15 min
	Eyebrow tint	15 min
	Eyebrow and eyelash tint	25 min
	Eyebrow correction	15 min

DEPILATION WITH HOT WAX	Back	40 min
	Upper lip	15 min
	Chin	15 min
	Upper lip and chin	20 min
	Arms	35 min
	Armpit area	20 min
	Legs up to knees	30 min
	Legs full	60 min



Skin & Beauty booking conditions

BOOKING CONDITIONS

Please make your reservation at the Skin & Beauty reception on the ground floor. In order to provide you with a perfect spa experience, we request that you inform us in advance of any special wishes or health issues.

CANCELLATION CONDITIONS

If you are unable to attend your appointment, please let us know at the latest by 4 pm on the previous day. If you cancel later than this or fail to show up, the full treatment price will be charged.

We ask that you arrive at least 5 minutes before the start of your treatment.

CONTACT

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A PLACE WHERE
TRANSFORMATION
BEGINS



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